

Pvä	Paikka	Laji	Erä	Nimi	Matka (m)	Reaktioaika (s)	Pintaautuminen (s)	Pintaautuminen (m)	15/10 m (s)	Vetotiheys 15 - 25 m (c/min)	Vetopituus 15 - 25 m (m)	Nopeus 15 - 25 m (m/s)	25 m (s)	Vetotiheys 25 - 45 m (c/min)	Vetopituus 25 - 45 m (m)	Nopeus 25 - 45 m (s)	45 m (s)	Uintimatka (m)	Käänösaika 5+10 m (s)	50 m (s)	Aika (s)
1.4.2019	Helsinki	100m Breastst	lk	Laukkanen Jenna	0-50 m	0.66	5.53	11.7	7.52	48.9	1.73	1.41	14.62	47.9	1.72	1.37	29.20	38.3	10.08	32.63	32.63
1.4.2019	Helsinki	100m Breastst	lk	Laukkanen Jenna	50-100 m		5.17	8.0	6.65	51.1	1.60	1.36	17.65	50.6	1.48	1.25	33.65	42.0		37.31	1:09.94
1.4.2019	Helsinki	100m Breastst	lk	Kareinen Hanna	0-50 m	0.68	6.02	12.3	7.92	51.7	1.64	1.41	15.00	54.2	1.53	1.38	29.48	37.7	10.68	33.04	33.04
1.4.2019	Helsinki	100m Breastst	lk	Kareinen Hanna	50-100 m		5.48	8.1	7.12	55.6	1.47	1.36	18.16	56.8	1.36	1.29	33.68	41.9		37.49	1:10.53
1.4.2019	Helsinki	100m Butterfl	lk	Lahtinen Laura	0-50 m	0.71	5.85	12.9	7.04	62.5	1.60	1.67	13.04	60.0	1.57	1.57	25.76	37.1	8.96	28.82	28.82
1.4.2019	Helsinki	100m Butterfl	lk	Lahtinen Laura	50-100 m		6.66	10.9	5.90	59.2	1.53	1.51	15.82	58.4	1.49	1.45	29.62	39.1		32.88	1:01.70
1.4.2019	Helsinki	50m Backstrok	lk	Jallow Mimosa	0-50 m	0.59	6.68	13.8	7.16	53.6	1.92	1.71	13.00	51.1	1.91	1.63	25.24	36.2		28.18	28.18
1.4.2019	Helsinki	50m Freestrok	lk	Jallow Mimosa	0-50 m	0.63	5.44	12.7	6.44	59.2	1.87	1.85	11.84	53.6	1.98	1.77	23.12	37.3		25.78	25.78
1.4.2019	Helsinki	50m Butterfly	lk	Pöytäkiivi Riku	0-50 m	0.66	5.32	14.2	5.60	66.2	1.84	2.03	10.52	64.3	1.75	1.87	21.20	35.8		23.66	23.66
1.4.2019	Helsinki	50m Butterfly	lk	Mäkelä Niko	0-50 m	0.62	5.00	12.0	5.68	66.2	1.77	1.95	10.80	63.4	1.78	1.88	21.44	38.0		24.09	24.09
1.4.2019	Helsinki	200m Medley	lk	Laukkanen Jenna	0-50 m	0.64	5.92	12.9	6.80	54.2	1.74	1.57	13.16	48.9	1.85	1.51	26.44	37.1	10.12	30.11	30.11
1.4.2019	Helsinki	200m Medley	lk	Laukkanen Jenna	50-100 m		5.17	8.3	6.45	35.7	2.39	1.42	17.05	33.8	2.32	1.31	32.29	41.7	10.40	35.90	1:06.01
1.4.2019	Helsinki	200m Medley	lk	Laukkanen Jenna	100-150 m		4.83	7.6	6.79	34.9	2.25	1.31	18.27	35.7	2.08	1.24	34.44	42.4	10.43	38.21	1:34.22
1.4.2019	Helsinki	200m Medley	lk	Laukkanen Jenna	150-200 m		3.89	6.1	6.66	42.1	2.05	1.44	17.10	41.7	2.07	1.44	31.02	43.9		34.36	2:18.58
1.4.2019	Helsinki	200m Breastst	lk	Mattson Matti	0-50 m	0.66	6.21	13.9	6.83	31.5	2.88	1.51	13.44	33.1	2.67	1.47	27.08	36.1	9.16	30.02	30.02
1.4.2019	Helsinki	200m Breastst	lk	Mattson Matti	50-100 m		6.30	10.1	6.22	32.1	2.78	1.49	16.26	31.9	2.67	1.42	30.30	39.9	9.40	33.20	1:03.22
1.4.2019	Helsinki	200m Breastst	lk	Mattson Matti	100-150 m		6.30	9.6	6.50	34.1	2.68	1.52	16.38	34.4	2.53	1.45	30.14	40.4	9.72	33.51	1:36.73
1.4.2019	Helsinki	200m Breastst	lk	Mattson Matti	150-200 m		5.76	9.1	6.35	38.5	2.31	1.48	16.50	41.3	2.02	1.39	30.87	40.9		34.12	2:10.85
1.4.2019	Helsinki	100m Backstrc	lk	Kallström Roni	0-50 m	0.56	5.08	11.2	7.00	48.4	2.10	1.69	12.92	44.6	2.20	1.63	25.16	38.8	8.40	28.58	28.58
1.4.2019	Helsinki	100m Backstrc	lk	Kallström Roni	50-100 m		3.77	8.1	4.98	48.6	2.06	1.67	13.98	48.9	1.89	1.54	26.94	41.9		29.91	58.49