



PUNT RETURN

UNIVERSITY

OF

OREGON



OUT HUSTLE

OUT HIT

BE MENTALLY TOUGH



FIELD POSITION
+
MOMENTUM
=
POINTS

THE IMPORTANCE OF FIELD POSITION IN THE KICKING GAME

1 out of 30	GL-20
1 out of 8	20-40
1 out of 5	40-50
1 out of 3	50-40
1 out of 2	40-20
2 out of 3	20-10



PUNT RETURN GOALS

- 1. PLAY PENALTY FREE.**
- 2. 100% POSSESSION OF THE FOOTBALL.**
- 3. BLOCK A PUNT.**
- 4. AVERAGE MORE THAN 10 YARDS PER RETURN.**
- 5. ALLOW NO FAKE PUNTS.**
- 6. SCORE OR SET UP A SCORE.**
- 7. NO ASSIGNMENT ERRORS**

Name	Miss St	Nevada	Arizona	Mich	Wash St	Utah	Ariz St	Stanford	Wash	Cal	UCLA	Ore St	Total	Rank
Siegel	29	24	45	14	15	36	17	23	20	23	23	27	296	1
Lewis	17	38	27	39	40	18	14	5	23	14	24	17	276	2
Matson	18	34	13	19	37	19	40	12	19	10	10	40	271	3
Washington	20	17	31	13	29	20	15	9	17	30	40	29	270	4
Phinisee	34	15	13	26	49	6	16	7	23	29	30	18	266	5
Mitchell	27	31	8	18	29	22	14	9	19	15	19	13	224	6
Moore, S.	37	32	25	40	34	27	21	3	0	0	0	4	223	7
Tucker	37	24	26	16	23	4	14	20	14	11	15	14	218	8
Rosario	10	16	17	12	25	21	16	8	17	27	27	16	212	9
Nelson	9	20	48	16	12	13	19	11	9	15	10	18	200	10
Loftin	14	26	13	21	26	19	10	12	11	17	12	16	197	11
Trucks	37	44	22	27	28	17	14	0	0	0	0	0	189	12
Fife	20	14	20	17	10	15	6	16	8	12	26	18	182	13
Floberg	9	23	6	0	13	3	21	15	26	24	10	27	177	14
Day	12	27	12	11	15	1	16	13	14	17	19	7	164	15
Weaver	19	14	18	18	8	10	10	16	8	12	14	17	164	15
Olshansky	10	7	2	20	18	17	14	7	17	14	12	17	155	16
Taylor	23	25	16	44	19	11	8	6	0	0	0	0	152	17
Martin	0	0	2	4	18	6	40	12	18	10	24	17	151	18
Andrews	13	18	0	6	2	0	0	25	18	17	24	26	149	19
Cheney	16	21	18	24	24	0	4	2	10	12	4	9	144	20
Clayton	26	38	34	20	21	0	0	0	0	0	0	0	139	21
Rowley	18	31	36	26	11	5	9	0	0	0	0	0	136	22
Martinez	2	29	9	10	12	15	13	12	5	4	13	8	132	23
Shaw	-1	18	23	19	11	5	15	4	2	3	14	16	129	24
Binns	9	9	20	9	3	0	8	14	8	7	19	7	113	25
Long	9	13	4	8	21	12	20	0	6	2	6	5	106	26
Snyder	11	10	13	14	3	5	6	11	4	6	10	13	106	26
Steitz	13	8	10	12	3	2	9	11	5	8	9	13	103	27
Kause	0	0	0	0	9	6	11	7	16	12	20	10	91	28
Knebel	14	8	9	10	4	5	6	0	0	7	9	14	86	29
Carey	0	0	0	21	14	11	14	10	15	0	0	0	85	30
Gipson	8	0	3	0	0	10	3	21	3	5	22	10	85	30
Woods	0	23	7	12	3	16	12	4	2	0	0	0	79	31
LiaBraaten	13	31	11	23	0	0	0	0	0	0	0	0	78	32
Reed	8	17	0	0	24	4	13	0	0	0	6	3	75	33
Spates	2	0	2	0	0	0	4	6	7	19	14	21	75	33
Parker	16	21	5	1	0	1	1	2	5	6	5	10	73	34
Solomona	4	8	4	2	4	4	11	1	7	4	11	4	64	35
Siavii	0	2	2	5	14	6	8	0	13	2	4	5	61	36
Reynoso	3	4	12	11	0	0	2	9	3	4	10	0	58	37
Valenzuela	4	0	0	4	16	7	14	0	6	1	0	1	53	38
Weatherspoon	0	0	0	0	2	7	-1	2	10	-1	20	12	51	39
Miller	0	0	4	4	0	0	8	13	6	0	0	0	35	40



*Great Punt return teams consistently have **GREAT** intensity! For us to be successful we need players who **make big plays**, have the athletic ability and the skills to block a punt, the speed and quickness to stay with their man on returns and be able to play defense on fakes.*

We have three categories of punt return

**1. PUNT RETURNS - A) MIDDLE RETURN
B) RETURN RIGHT
C) RETURN LEFT**

**2. PUNT BLOCKS - A) BLOCK RIGHT
B) BLOCK LEFT
C) BLOCK FROM BOTH SIDES**

**3. SAFE PUNT - A) THE DEFENSE STAYS ON THE FIELD.
B) THE RETURNER WILL SUB FOR ONE OF THE DB'S
C) WE MUST GET POSSESION OF THE FOOTBALL.**



GENERAL:

The punt return teams **number one priority** is possession of the **FOOTBALL**. We must always be aligned onside and must always be aware of fakes. We cannot give our opponents the ball back with an ignorant penalty or because of a lack of field awareness.

FIELD POSITION + MOMENTUM = POINTS

Because of the need for great **FIELD POSITION** in order to be champions, we must work on each phase of punt return. Our time must be spent working on fit, release, trail and finish techniques. Therefore, it is important that we spend time concentrating during practice and meetings preparing to **WIN**. Mistakes can bet us beat.

Our stance and alignment will look exactly the same for punt returns and punt blocks to disguise our intent. We want to make every punt return look like a rush. This does two things for us:

1. **Pressures** opponent's **punt team**, if they think we are rushing.
2. Makes them more **protection conscious**, so they will stay in longer to protect rather than release quickly and cover.



The following is a punt return *tip sheet* and situations we must be aware of:

PRIOR TO THE GAME

1. Know and recognize punt formation and eligible receivers.
2. Know opponents individual and team strengths.
3. Know opponent tendencies.
4. Know our adjustments - game situations.

WHAT WE MUST BE AWARE OF DURING THE GAME

1. Know situation and time (down, distance, and field position).
 2. Know personnel and alignments to tip off fakes.
 3. Align onside and force the kick.
 4. Be disciplined about using proper technique so we avoid penalties.
 5. Always make good decisions regarding contact. We can not win with
 6. When the defense stays on the field for safe punt, make sure the
- the game and the man he replaces is off the field.

penalties.
returner is in

7. Returner:

- a. Field the ball and make good decisions
- b. Never field the ball inside the 10 yard line.
- C. Iso the ball straight up the field regardless of the return.
- D. Always secure the ball.
- E. Be alert and call peter on all short punts that are not caught



ASSIGNMENTS

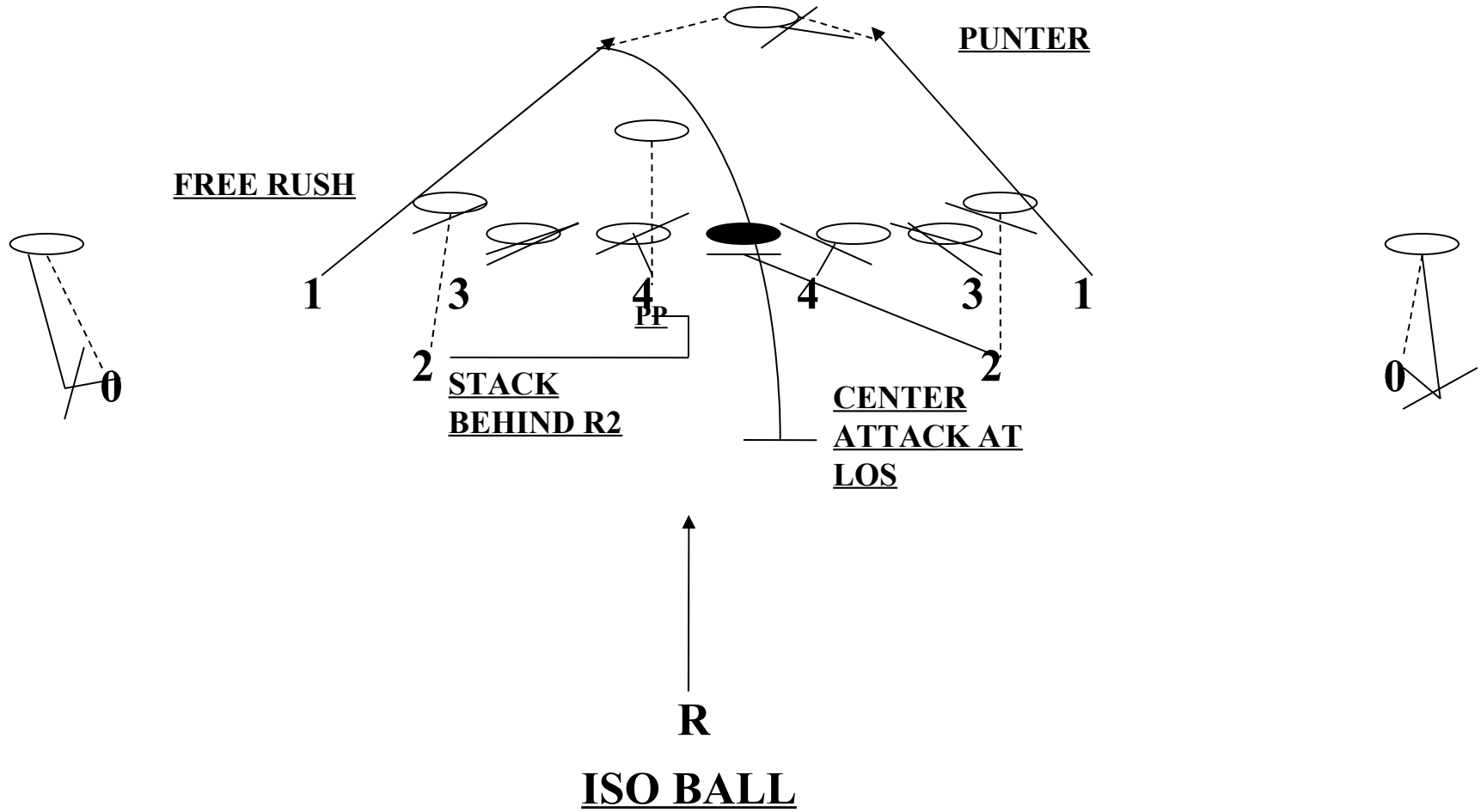
1. The players aligned in the number **4** positions are responsible for calling out “**LOOKS LIKE PUNT**” and for any checks that need to be made.

2. The players aligned in the number **3** positions are responsible for calling out “**THE BALL IS THE TRIGGER**”

3. The players aligned in the number **1** positions are responsible for calling out “**STAY ONSIDE**” and for looking inside to see if the remainder of the punt return team is lined up onside.

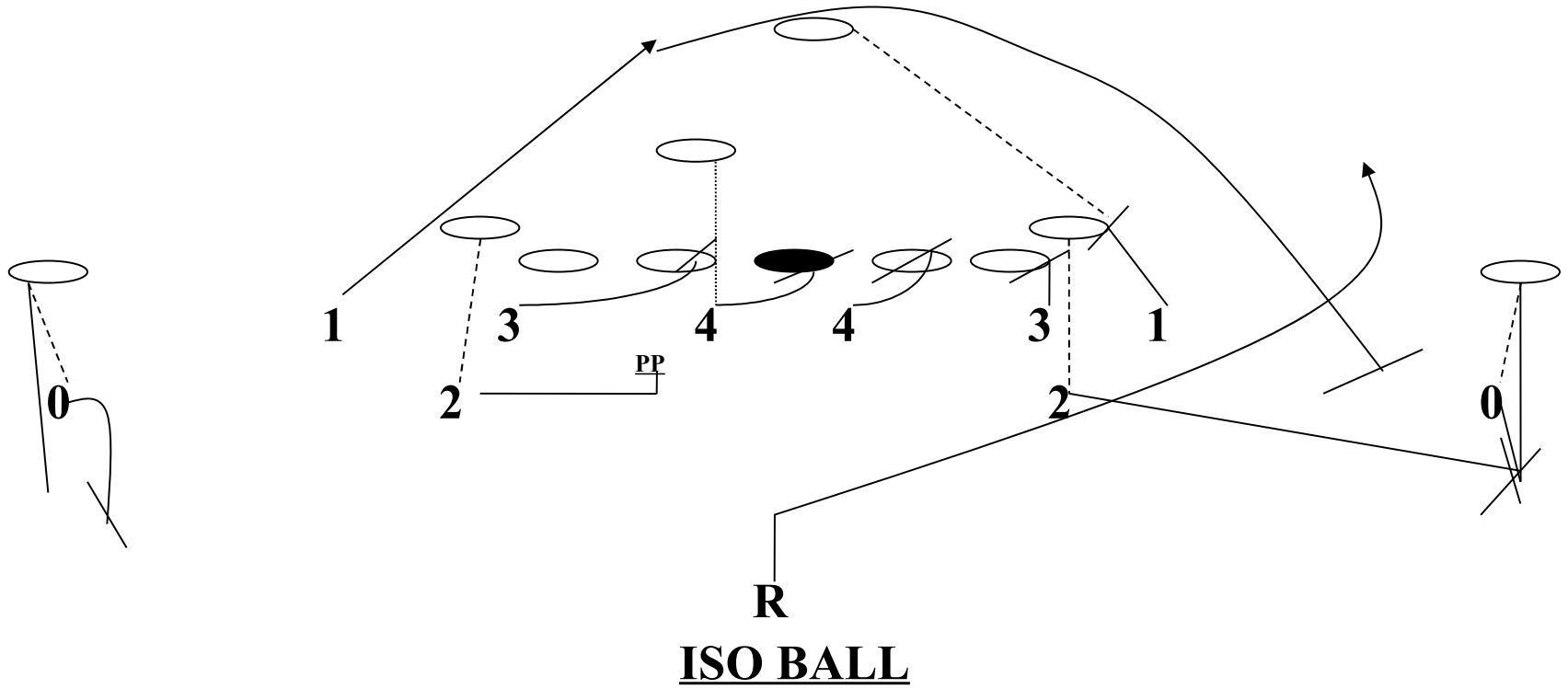


MIDDLE RETURN



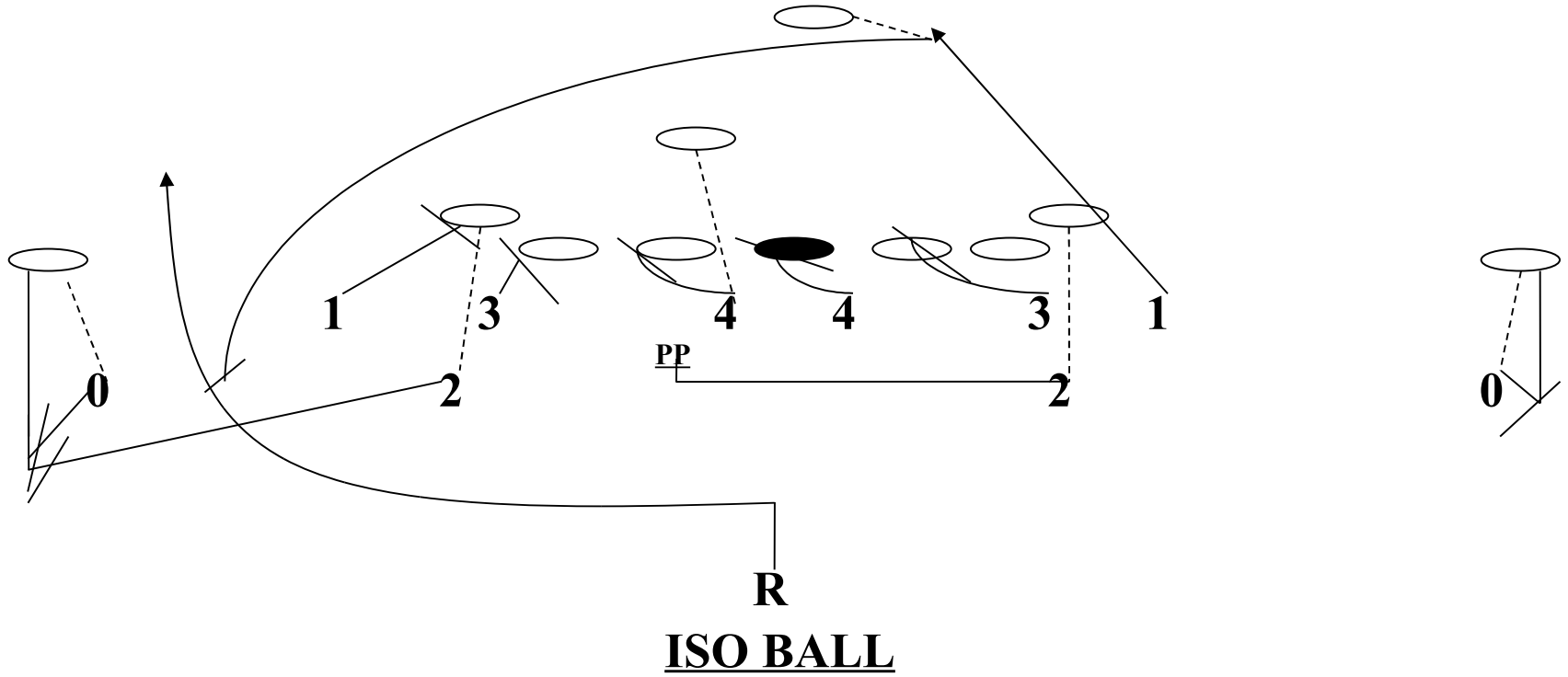


LEFT RETURN





LEFT RETURN





Great **Punt BLOCKING** teams consistently have **GREAT** desire! For us to be successful we need players who **make big plays**, have the athletic ability and the skills to slip a block and be able to block the ball, then we must be able to recover it and score.

BASIC RULES FOR BLOCKING A PUNT

1. We must always align in a **three point stance** preferably with our **outside hand down** and our inside arm in a cocked back position with our palm to the sky so we can see the ball and make sure we are lined up on side.
2. We must **key the ball** (watch the **pressure of the fingers** of the snapper to get a good get off).
3. We must have a **rush move** in mind prior to the snap, and then use it after the snap of the ball.
4. We must **focus** on the **block point**, (usually 9 - 10 yards) this will vary by the punter and will change week to week.
5. We must **block** the ball off the **foot** of the punter with our **hands** and our **eyes**, if we do this we will never rough the punter.
6. We must be alert to a **blocked punt** that **does not pass the line of scrimmage**, it can be **advanced by either team**. We should try to scoop this ball up and keep advancing it to **our goal line**.
7. We must be alert to a **blocked punt** that travels **beyond the line of scrimmage**, it **cannot be advanced** by our opponents and should be treated like a normal punt
-we can advance it if we field it correctly. If it touches a player on our punt return team it is a **live football** and is the same as a fumble, either team can recover it.

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